LOOK

Sunday 5 February 2023
Matthew 5:13-16
5th Sunday in Ordinary Time

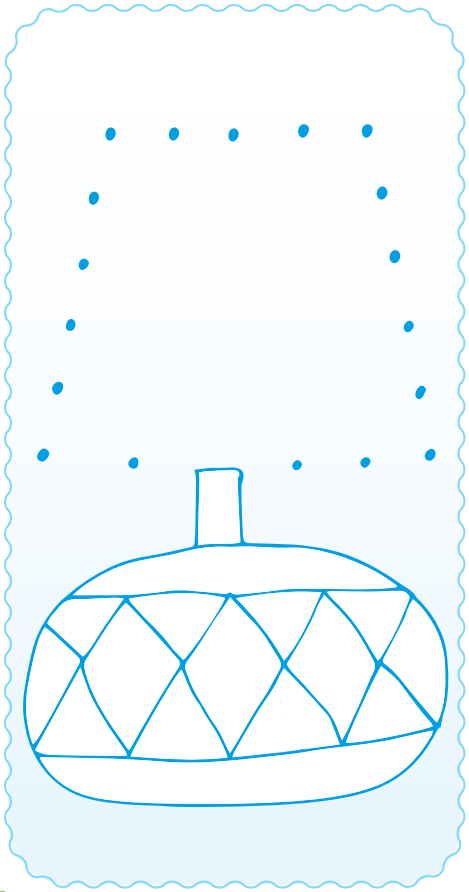
In the GOSPEL TODAY

Jesus says that his friends are salt for the earth and light for the world. A small pinch of salt makes a big difference to the taste of food. Light gets rid of darkness. When we live as God asks, we will shine with God's light and love and make a big difference to the world.

TRUST GOD!

I will shine

We shine with God's love when we are kind and helpful.
Draw yourself inside the lamp doing something kind today.



Spot the difference

Can you find the five differences between these two candles?

Let your light shine!

Jesus' message

Start with the letter arrowed and use every other letter, skipping the **S** the second time around, to find what Jesus said in today's Gospel.

You are the ____
__ ___ _____
___ _____ __
___ _____.

A PRAYER TO SAY

Help me, Jesus, to be like you. Help me to shine with your love and goodness, so that I will make the world a better place. Amen.

MAKE A DIFFERENCE

Each letter appears only once in each row and column.

Fill in this table so that the letters **SALT** fit in every square.

S			T
	T		
	S		
A			S

Answers: salt of the earth and light of the world

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