



St. Anne's Parish

Pastoral Community of Derriaghy & Colin

Fr. Peter O'Hare, PP
Rev Pat McNeill, Deacon
Sr. Mary Murray, Parish Sister

Parish Office: 02890610112
www.saintannesparish.net

Parish Centre: 07745169205
Email: stannes@downandconnor.org

18th Sunday in Ordinary Time

This Week in St. Anne's

Sunday Mass: 5pm Vigil & 11am

Weekday Mass: Tues & Wed at 10am

Confessions: Sat 4.30pm or before any mass.

Remember -

All services are streamed live online



Parish Office: Mon to Fri 9am to 1pm.

Parish WhatsApp Group – Keep up to date with what is happening in our parish communitytext your name and number to 07714691281 to be added to our WhatsApp group.

Anniversaries: Maureen Hargy, John Jordan.

Your Giving This w/end - **Weekly Offering & Monthly Offering for Priests**

- We would recommend that you set up a **Standing Order**. You can download the necessary forms from our website...or call the parish office on 028 90610112 and leave your details or email us on stannes@downandconnor.org

OR Donate Online to St. Anne's Parish

A/C No. 07707787
Sort Code 93 83 00

St. Vincent de Paul

Anyone wishing to donate, can do so online:

Account Name: St. Vincent de Paul Conference of St. Anne
Account No. 65576181 Sort Code: 938300.

FoodBank

The Foodbank has now resumed accepting donations. As always, thank you for your continued generous support. The collection boxes are available outside the church every day from 10am to 4pm.

Seeing your Life through the Lens of the Gospel

1. Jesus distinguishes between food that gives quick satisfaction and food that gives lasting nourishment. It is a mark of wisdom to be able to say 'no' to enticing but delusory attractions in order to choose things of lasting value. From your life experience what advice would you give to another about where things of lasting value are to be found?
2. Jesus reminds his listeners that God is the source of all good things. What difference does it make in your life when you are aware that life, the world, everything you have is gift, and you live in a spirit of gratitude?
3. The work of God is that we 'believe in the one whom God has sent'. In what ways has your faith in Jesus enriched and changed your life? How has Jesus satisfied your hungers or quenched your thirsts?
4. As Jesus came down from heaven to give life to the world, so each one of us is here to be a source of life to others. Think of people who have been a source of life to you and give thanks for them. For whom have you also been a source of life?

Today's Liturgy of the Word

Scripture themes

Like the manna in the desert, bread in plenty for the crowds is seen as a sign of the coming of the kingdom and of the heavenly banquet in the end times. The actions of Jesus in the desert are described in the same way as his actions at the Last Supper: he takes, blesses, breaks and gives. But he gives the Bread of Life.

FIRST READING

A reading from the Book of Exodus: 16:2-4. 12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'



Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning

you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted,

there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

Responsorial Psalm Ps 77:3-4.23-25.54.

Response: *The Lord gave them bread from heaven.*

1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. *Response*

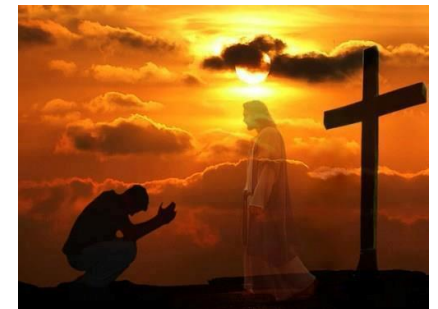
2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. *Response*

3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. *Response*

SECOND READING

A reading from the letter of St Paul to the Ephesians 4:17.20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside



your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

Gospel Acclamation Jn 14: 5

Alleluia, alleluia!
I am the Way, the Truth and the Life, says the Lord; no one can come to the Father except through me.
Alleluia!

GOSPEL

A reading from the Gospel according to John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal'

Then they said to him, 'What must we do if we are to do the works that God wants?'

Jesus gave them this answer,

'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' ~
'Sir,' they said 'give us that bread always.'

Jesus answered:

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'



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Sharing the Good News

NEWSLETTER OF THE IRISH CATHOLIC BISHOPS' CONFERENCE

**"Westminster has imposed
an unjust law"
- Northern Catholic Bishops
oppose abortion services**



The Northern Catholic Bishops have issued a response to the introduce of abortion services to Northern Ireland. Bishops described the decision last week by the Secretary of State for Northern Ireland, Mr Brandon Lewis MP, to direct the NI Executive and Department of Health to make abortion services available in Northern Ireland by 21 March 2022, as 'gravely disquieting'. Bishops emphasised that this is the latest in a line of decisions by the current Westminster Government which threatens the 'fragile balance of relationships' at the heart of the Good Friday Agreement.

Bishops continued, 'In unilaterally imposing this direction on the local Northern Ireland Assembly to provide abortion services, it is as if the Westminster Government, and those local parties who have supported them, believe the answer to the issue of providing compassionate care for a woman and her unborn child in pregnancy can be framed simply and exclusively as a 'healthcare issue'.

'Absent from the discussion however are the thousands of unborn children, who have no legal protection and whose humanity is excluded from the political equation. Westminster has imposed an unjust law. Christians, and all people of good will, can never stand silently by and fail to raise their voices at any attempt to ignore completely the fact that unborn children are human beings worthy of protection,' bishops said. You can read the bishops' statement in full on www.catholicbishops.ie.

Bishop Brendan Leahy pays tribute to Dessie O'Malley RIP

Bishop Brendan Leahy of Limerick has paid tribute to 'family man' Des O'Malley, following his death on 21 July, aged 82. Bishop Leahy said, 'Limerick and Ireland have today lost a man and politician of immense courage and decency and a great family man into the bargain. He had a deep love for his late wife Pat, his children and grandchildren and it was clearly a shared love. So, for all that he did in the political world, it's essential too as we pay tribute to him that we acknowledge just what family meant to him.' See www.catholicnews.ie for full statement.

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