



# St. Anne's Parish

Pastoral Community of Derriaghy & Colin

Fr. Peter O'Hare, PP  
Rev Pat McNeill, Deacon  
Sr. Mary Murray, Parish Sister

Parish Office: 02890610112  
[www.saintannesparish.net](http://www.saintannesparish.net)

Parish Centre: 07745169205  
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7<sup>th</sup> June 2020

The Most Holy Trinity

## Check out our YouTube Channel – St. Anne's Dunmurry

All our services will be celebrated in **private** by Fr. Peter and uploaded onto our parish **YouTube** channel: **St. Anne's Dunmurry**.

When you go to YouTube ..... **please subscribe**..... to receive notifications of uploaded material. **Subscription is free!**

Mass will be celebrated for the intentions of all our parishioners. If you have a particular anniversary that you wish to have celebrated then please email Fr. Peter with the details.

**St. Anne's Mass: Sunday 11am, Tues, Wed & Thurs 10am**

- You can find resources for your use at home on our parish website [www.saintannesparish.net](http://www.saintannesparish.net) or the diocesan website – [www.downandconnor.org](http://www.downandconnor.org)

## **We Remember them** –

**Recently Deceased:** Manus Wylie. **Anniversaries:** Jean O'Hanlon, Brian Malone, Barney Malone, Augustine & Mary McCaul.

**Parish WhatsApp Group** – Keep up to date with what is happening in our parish community .....text your name and number to 07714691281 to be added to our WhatsApp group.

**St Anne's Parish Website:** [www.saintannesparish.net](http://www.saintannesparish.net)

It has an **extended version** of the weekly bulletin - Diocesan Directives, Webcams, Prayer Resources, Praying at home, Children's Corner etc and lots more. Please check for updates.



## **Re-opening our Church for Private Prayer**

Following the necessary Risk Assessment and having a deep clean of our church, we are now open for private prayer. Everything is in place!

## **Opening Times**

**Tues, Wed and Thurs 2pm to 4pm**

There will be a **One Way System** in place. All visitors will enter by the main door and exit by a side door. Hand sanitisers will be in place at the entrance and wipes will be available within the church for the cleaning of seats before and after use by visitors.

## **All visitors to our church for private prayer are asked to note**

**No communal recitation of prayers led by and at the initiative of any individual (e.g. the Rosary, Divine Mercy Chaplet etc) should take place during the time the church is open for private prayer.**

**Out of consideration for others, those praying are kindly asked not to overly prolong their visit if the maximum number of visitors is reached and someone else is waiting to enter the church for prayer.**

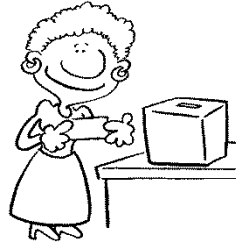
**All visitors are asked to strictly observe social distancing rules and only occupy the marked seating.**



## Your Giving:

This w/end - **Weekly Offering & Church Renovation Fund**

- You may wish to set up a **Standing Order** and if so, call the parish office on 028 90610112 and leave your details or email us on [stannes@downandconnor.org](mailto:stannes@downandconnor.org)



OR

- Donate online** to St. Annes Parish

**A/C No. 07707787 Sort Code 93 83 00**

OR

- Envelopes**- Parishioners can use their weekly envelopes as usual and when Government policy allows us, we will look at measures to safely collect them.

Your continued helpful generosity would be very much appreciated. Thank you in anticipation

OR

- Use the **"Donate"** button on our home page of this website.

### **Please.....I need a little help!**

Do you need a helping hand...at this difficult time? Do you need some medicine picked up from the chemist? Do you require some food items to be delivered to you? Would you like someone to take the dog out for a walk? Or would you just like someone to have a wee chat with? Then please don't hesitate or be afraid to call us on 02890 610112 or send an email to [stannes@downandconnor.org](mailto:stannes@downandconnor.org) or use the contact form on the parish website.



**Bereavement Support Group:** Have you suffered the pain of loss and bereavement? Talk in confidence – call 90610112 and a member of the Group will contact you.

### **Readings**

**First Reading - Exodus 34:4-6,8-9.** If we do not readily see the link between tenderness, compassion and commandments, the shortcoming lies in our understanding rather than in the reality. The God who gives the commandments is indeed 'a God of tenderness and compassion.'

**Second Reading - 2 Cor 13:11-13.** Paul's second letter to the Corinthians ends with the fullest trinitarian formula in the New Testament. His struggles to foster unity among the argumentative, fractious believers at Corinth are crowned with a reference to the very source of unity: the three Persons of the Blessed Trinity.

**The Gospel - John 3:16-18.** To refuse God's son is to refuse God's love; and to refuse God's love is not to be condemned by God, but to condemn oneself.

### **Feast of the Most Holy Trinity - 7<sup>th</sup> June**

'The mystery of the Most Holy Trinity is the central mystery of Christian faith and life. It is the mystery of God in himself. It is therefore the source of all the other mysteries of faith, the light that enlightens them. It is the most fundamental and essential teaching in the "hierarchy of truths of the faith." The whole history of salvation is identical with the history of the way and the means by which the one true God, Father, Son, and Holy Spirit, reveals himself to men "and reconciles and unites with himself those who turn away from sin".'

(Catechism of the Catholic Church, 234)



**Seeing your Life through the Lens of the Gospel: Jn 3:16-18**

**1.** The reading evokes contrasting images of God, a God who judges and a God who saves. We might reflect on how our image of God has changed with the years. What has helped you to believe in a God whose will is that you should have eternal life?

**2.** God sent his Son into the world for this purpose, that we might have eternal life. How has the story of Jesus helped you to have that kind of faith?

**3.** The eternal life promised is life that begins now, and survives all forms of death, failure, defeat and humiliation. What has helped you to have that sense of being alive, even in painful and disappointing circumstances?

John Byrne OSA

**Questions & Answers!**

**Q.** How do you know there are three Persons in God?

**A.** Because Christ tells us so, when He commands the Apostles to baptise: "In the name of the Father, and of the Son, and of the Holy Ghost." (Mat. xxxviii.)



**Q.** Are the Three Divine Persons equal in all things?

**A.** The Three Divine Persons are equal in all things.

**Q.** Can you tell me anything that is like the Blessed Trinity?

**A.** My soul is like the Blessed Trinity.

**Q.** How is your soul like the Blessed Trinity?

**A.** My soul is like the Blessed Trinity because as there is but one God, though in him there are Three Persons; so in my one soul there are three powers – memory, understanding, and will.

*[Catechism of the Christian Doctrine for use in the Diocese of Ferns. Wexford (1937)]*

'The presentation of the innermost being of God, revealed by Jesus, the mystery of being one in essence and three in Person, has vital implications for the lives of human beings. To confess belief in one God means, that "man should not submit his personal freedom in an absolute manner to any earthly power". It also implies that humanity, made in the image and likeness of God who is a "communion of persons", is called to be a fraternal society, comprised of sons and daughters of the same Father, and equal in personal dignity. The human and social implications of the Christian concept of God are immense.'

*General Directory for Catechesis, 100*

Almighty and eternal God, our refuge in every danger, to whom we turn in our distress; in faith we pray look with compassion on the afflicted, grant eternal rest to the dead, comfort to mourners, healing to the sick, peace to the dying, strength to healthcare workers, wisdom to our leaders and the courage to reach out to all in love, so that together we may give glory to your holy name. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Collect, Mass in Time of Pandemic

### **The diakonia of liturgy, word and charity**

Fifty-three years ago this month, Pope Paul VI issued the motu proprio, *Sacrum Diaconatus Ordinem* (18 June 1976) restoring the permanent diaconate.

The Second Vatican Council, in its Constitution on the Church, *Lumen gentium* (21 November 1964), had stated that such a restoration of a 'diakonia of liturgy, word and charity' was permissible, leaving the decision to Bishops' Conferences. Though the Bishops' Conference of Ireland did not request such permission until 2001, in the intervening

thirty years, great numbers of men and women have engaged in apostolic and liturgical ministries and activities. Approval was given in 2005, and the first permanent deacons were ordained in June 2012. Deacons are now an essential part of church life in many dioceses throughout the country.

## **An opportunity to put our lives in order.**

One of the first observations Pope Francis makes in the encyclical *Laudato sí*, looking at "what is happening in our home", concerns *rapidación*, "rapidification" — that is, "the continued acceleration of changes affecting humanity and the planet combined with a more intensified pace of life and work".

He notes that this rapidity is at odds with the natural times of biological evolution, and wonders whether the objectives of the changes are oriented to the common good and to an integral and sustainable human development.



Looking back at the short span of our lives, those of us who have reached a certain age can see how many things have changed completely, and how, in an ever shorter space of years, they change once again. Fortunately, many things have changed for the better, such as the living conditions for very many poor people, the possibilities for medical treatments and surgeries, free movement, education, information and communication. But at the same time the obsolescence of many goods has been accelerated well beyond what was necessary, simply to feed economic development and provide profits for certain sectors.

Advertising obsessively pushes the desire for unnecessary novelty, creating a real dependency that makes the latest find, the latest product seem necessary... And so in many areas the acceleration of change risks becoming an end in itself, a form of slavery rather than progress. It seems clear that we are moving at an unsustainable pace, that sooner or later must break down, as we can already see from the very serious threats to the environment.

For their part, many active people, thoroughly integrated into the functioning of the modern world, are engaged in very intense — not to say frantic — rhythms of activity. At first they often join in with passion and enthusiasm, but they soon realize the heavy price that must be paid in terms of human and family relationships, affections, and overall balance in their personal lives.

Now this increasingly accelerated course has suffered a serious shock. Economic indicators have been upset, our plans have been turned on their head, meetings and trips have been cancelled. For many people, the concept of time has been lost, and they've become disoriented.

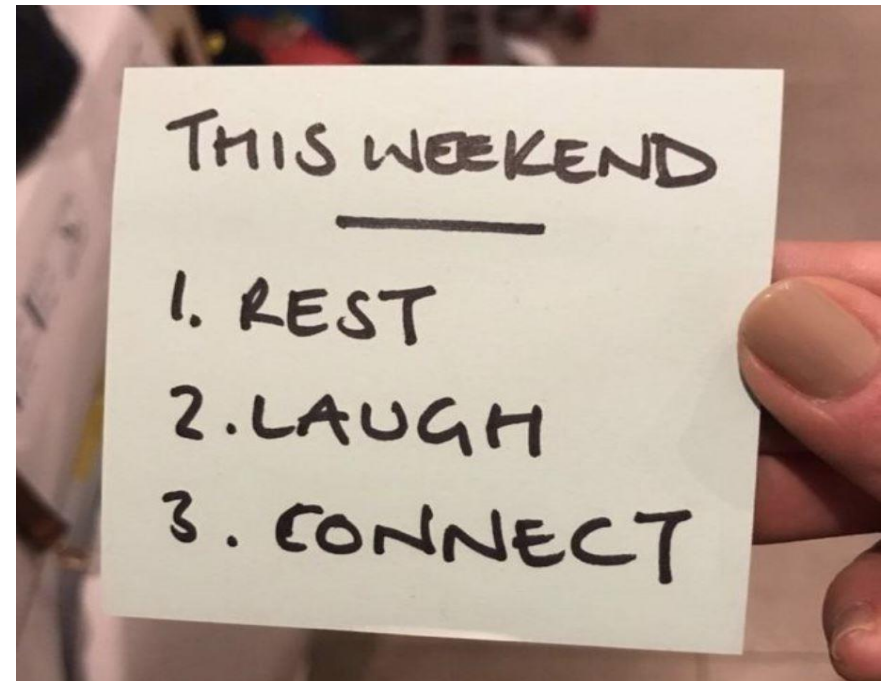
Already... it's time... how do we experience it? in the end, what's the point?

There is a time for activity, but are also times of joyful expectation, times for being together and loving one another, times for contemplating beauty, times of long sleepless nights, times of waiting in suffering...

There is also the possibility of wasting a great deal of time needlessly, of becoming embittered by a sense of uselessness and emptiness...

There is also a time for being alone with oneself... Is there also time for being with God? When we are bursting with life the idea of being with God pushes us to the margins of existence. We tend to find countless things to do first, things that seem urgent or pleasant, while time spent with the Lord is often postponed.

For many people, this strange time of having to stay at home on account of the pandemic has been a time to rediscover prayer. One might wonder whether the inability to go to church will negatively affect faith and the spiritual life; or if, on the other hand, it might be a time – as Jesus said to the Samaritan woman – to learn to worship the Lord "in spirit and in truth" in every place, even in our homes where we are obliged to remain, and even in a time of forced inactivity. Jesus adds elsewhere that the Spirit blows whithersoever.



*For many of us, life is a series of commitments - social events, family arrangements or work related responsibilities. Lockdown has left our diaries suddenly empty and rather than lamenting the loss of a packed calendar, some people have found that the quieter, slower life imposed by the coronavirus lockdown has offered a much-needed break.*

*Psychotherapist and author of The Phone Addiction Workbook, Hilda Burke, says she sees several clients who feel guilty about doing nothing.*

*In terms of keeping a healthier balance as we transition back into "normal" life, Hilda advises identifying the things you learned in lockdown that you want to continue with.*

*"It's about managing people's expectations - share with your friends, family or colleagues what you learned in lockdown and what you want to continue with."*

Source: BBC News