



# St. Anne's Parish

Pastoral Community of Derriaghy & Colin

Fr. Peter O'Hare, PP  
Rev Pat McNeill, Deacon  
Sr. Mary Murray, Parish Sister

Parish Office: 02890610112  
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17<sup>th</sup> May 2020

Sixth Sunday of Easter

**We now have a [YouTube Channel](#) – [St. Anne's Dunmurry](#)**

All our services will be celebrated in **private** by Fr. Peter and uploaded onto our parish **YouTube** channel: **St. Anne's Dunmurry**.

When you go to YouTube ..... **please subscribe.....** to receive notifications of uploaded material. **Subscription is free!**

Mass will be celebrated for the intentions of all our parishioners. If you have a particular anniversary that you wish to have celebrated then please email Fr. Peter with the details.

**St. Anne's Mass: Sunday 11am, Tues, Wed & Thurs 10am**

- **You can find resources for your use at home on our parish website [www.saintannesparish.net](http://www.saintannesparish.net) or the diocesan website – [www.downandconnor.org](http://www.downandconnor.org)**

**We Remember them - Anniversaries: Billy Nevin, Rita Gaffney.**

**St Anne's Parish Website: [www.saintannesparish.net](http://www.saintannesparish.net)**  
It has been updated with all the latest information and advice with an **extended version** of the weekly bulletin - Diocesan Directives, Webcams, Prayer Resources, Praying at home, Children's Corner etc and lots lots more. Please check the website for updates.

**Parish WhatsApp Group** – Keep up to date with what is happening in our parish community .....text your name and mobile number to 07714691281 to be added to our WhatsApp group.

## **Your Giving:**

This w/end - **Weekly Offering & Education of Students to the Priesthood**

- You may wish to set up a **Standing Order** and if so, there are some available **in the porch of the church** or call the parish office on 028 90610112 and leave your details or email us on [stannes@downandconnor.org](mailto:stannes@downandconnor.org)

OR

- **Donate online** to St. Annes Parish  
**A/C No. 07707787 Sort Code 93 83 00**

OR

- **Envelopes**- Parishioners can use their weekly envelopes as usual and when Government policy allows us, we will look at measures to safely collect them.

Your continued helpful generosity would be very much appreciated. Thank you in anticipation

OR

- Use the **"Donate"** button on our home page of this website.

## **Please.....I need a little help!**

Do you need a helping hand...at this difficult time? Do you need some medicine picked up from the chemist? Do you require some food items to be delivered to you? Would you like someone to take the dog out for a walk? Or would you just like someone to have a wee chat with? Then please don't hesitate or be afraid to call us on 02890 610112 or send an email to [stannes@downandconnor.org](mailto:stannes@downandconnor.org) or use the contact form on the parish website.

**Bereavement Support Group:** Have you suffered the pain of loss and bereavement? Talk in confidence – call 90610112 and a member of the Group will contact you.

## **Readings**

**First Reading Acts8:5-8,14-17** - The people in a certain Samaritan town welcomed the Good News; yet then we hear that Samaria as a whole had accepted the word of God. The implication is clear: once the word of God is planted in one place, it is a leaven that reaches out to all its surroundings!

**Second Reading 1Pet3:15-18** - The task of apologetics finds its clearest biblical mandate in the words of St Peter: 'Always have your answer ready for people who ask you...' But it's not just a matter of winning arguments, and we win hearts when we answer 'with courtesy and respect and with a clear conscience.'

**The Gospel Jn14:15-21** - Indirectly, this Gospel reading gives us a definition of the Holy Spirit: He is the one without whom we would be orphans!

## **The spiritual communion**

*Those who are unable to make sacramental Communion with Christ by participating in the Eucharist, can express the desire to receive him in their spirit with these words that help to make spiritual communion with him:*

My Jesus, I believe that you are truly present  
in the Most Holy Sacrament of the Altar.  
I love you above all things and desire  
to receive You into my soul.  
Since I cannot at this moment receive you  
sacramentally, come at least spiritually into my heart.  
I embrace You as if You were already there and unite  
myself wholly to You.  
Never permit me to be separated from you.  
Amen



## **Seeing your Life through the Lens of the Gospel**

**John 14:15-21**

- 1.** 'If you love me you will keep my commandments,' specifically the commandment to love one another (cf. 13.34). How have you experienced the link between love of God and love of those around you?
- 2.** Jesus is preparing his disciples for his imminent departure and for a future in which he would be with them in a different way. He would not 'leave them orphans' but send an 'Advocate' to 'be with (them) for ever'. How have you experienced the presence of God with you in your life?
- 3.** Perhaps you have also experienced the challenge of preparing another (a child, a friend) for a time when you would no longer be physically together. Recall how you gave the message of your ongoing support.
- 4.** How have you experienced the presence and support of a loved one (parent, spouse, friend) when circumstances have separated you from them?
- 5.** The proof of the ongoing presence of Jesus with his disciples is that 'I live and you will live'. Discipleship is about much more than rules and regulations. It is about being alive. How has discipleship helped you to be more fully alive?

John Byrne OSA

## **Live Laudato Si'**

This week marks the fifth anniversary of the publication of Pope Francis' encyclical on Care for Our Common Home.

Catholic communities worldwide have been asked to celebrate Laudato Si' Week in some way from 16 to 24 May.

Laudato Si is a beautiful document, inspired by the words of St Francis of Assisi, 'Praise be to you, my Lord, through our Sister, Mother Earth, who sustains and governs us, and who produces various fruit with coloured flowers and herbs.' In this document, Pope Francis asks us to listen to the cry of the earth, to really awaken to what is happening to God's creation.

We live in extraordinary times, where vast ecosystems are being destroyed and global warming poses a threat to life, all due to human activity. Young people are calling on us to take action in order to ensure a sustainable future for all.

In Laudato Si', Pope Francis says that this environmental crisis is, in reality, a spiritual crisis, because we have forgotten who we are and where we come from. We need a conversion of heart where our relationship with nature is concerned. He invites us to re-awaken a child-like sense of awe and wonder and to remember that 'the entire material universe speaks of God's love... soil, water, mountains: everything is a caress of God' (LS 84).

In today's Gospel, Jesus says: 'This is the Spirit of truth... He abides with you and He will be in you.' Let us begin again to see God present within ourselves, in others and in all of creation. We start here, for we will only protect what we love. How will you celebrate Laudato Si' week this week in your home and in your parish community?

Spend time in nature, plant a tree, read Laudato Si'...

## *Spiritual Exercise*



- We encourage you to sit in stillness for ten to fifteen minutes and open your heart to receive God's gift of the Holy Spirit. This spiritual exercise will deepen your awareness of the presence of the Holy Spirit in your heart and give you confidence that the Spirit will be with you in everything you do to make Christ known.

Centre yourself; sit upright, two feet firmly on the floor; breathe rhythmically with deep breaths, in and out, from the abdomen; clear your mind of all preoccupations. Bring yourself to bodily stillness.

Now welcome in your heart this gift that Jesus has for you: "*Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid*" (John 14:27).

Quietly repeat those words of Jesus and hand over to him all worries or trouble. You may find it helpful if you name to God a specific area where you need healing or forgiveness.

Now be still for some time in the presence of God as you welcome the Holy Spirit into your heart.

As you are about to finish your time of prayer, focus again on your breathing while you relax in God's presence.

Bring yourself gently back to your daily concerns. May you receive that peace of Christ each day.

**Exercise excerpt taken from** *Talking about Jesus*