



# St. Anne's Parish

Pastoral Community of Derriaghy & Colin

Fr. Peter O'Hare, PP  
Rev Pat McNeill, Deacon  
Sr. Mary Murray, Parish Sister

Parish Office: 02890610112  
[www.saintannesparish.net](http://www.saintannesparish.net)

Parish Centre: 07745169205  
Email: [stannes@downandconnor.org](mailto:stannes@downandconnor.org)

26<sup>th</sup> April 2020

Third Sunday of Easter

**Alleluia Alleluia Alleluia**

All our services will be celebrated in **private** by Fr. Peter. Mass will be celebrated for the intentions of all our parishioners.

## St. Anne's:

**Mass:** Tues, Wed & Thurs 10am, Sunday 10am

or visit St. Colman's via [www.derriaghy catholic parish.org](http://www.derriaghy catholic parish.org) and follow the link to a live-stream

## St. Colman's

**Sunday: Mass 10.30am**

- You can also find resources for your use at home on our parish website [www.saintannesparish.net](http://www.saintannesparish.net) or the diocesan website – [www.downandconnor.org](http://www.downandconnor.org)

**Christ is Risen.....He is Risen indeed!!!**

**St Anne's Parish Website:** [www.saintannesparish.net](http://www.saintannesparish.net)

It has been updated with all the latest information and advice on the Covid-19 (Coronavirus) - Diocesan Directives, Webcams, Prayer Resources, Praying at home, Children's Corner etc and lots lots more. Please check the website for regular updates.

**Parish WhatsApp Group** – Keep up to date with what is happening in our parish community and join in our parish prayer for each other at this very worrying and difficult time.....text your name and mobile number to 07714691281 to be added to our WhatsApp group.

## **FOR PARISHES IN THE GREATER BELFAST AREA: STATEMENT ISSUED BY THE ADMINISTRATOR OF MILLTOWN CEMETERY:**

### **MILLTOWN CEMETERY**

- Following the decision of the NI Executive to permit the reopening of cemeteries, Milltown Cemetery will reopen with a limited timetable for the foreseeable future.
- This is based on the need for burials to continue while adhering to the restriction of ten people at a burial.
- The Cemetery will open on Sunday 26 April and following Sundays from 10am until 4pm.
- Thereafter, from Monday to Saturday, it will open from 2pm until 5pm.
- Access will be mostly restricted to pedestrians only for the time being with the exception of a limited number of cars, for those who cannot walk long distances.
- The Cemetery Office will remain closed. Staff will be working remotely to arrange burials.
- For anyone visiting the Cemetery please continue to follow the requirement of social distancing.
- These restrictions will be reviewed in due course.

**Bereavement Support Group:** Have you suffered the pain of loss and bereavement? Talk in confidence – call 90610112 and a member of the Group will contact you.

**Accord:** Conscious of those who are experiencing difficulties in their relationships and family lives during the COVID-19 pandemic, Accord has set up a support line where callers can talk to experienced couples and relationship counsellors. **Call: 028 9568 0151** 9am - 8pm, Mon to Fri.

**Your Giving:** This w/end - **Weekly Offering  
& Church Renovation Fund**

- You may wish to set up a **Standing Order** and if so please call Barbara at the parish office – 028 90610112 and leave your details or email us on [stannes@downandconnor.org](mailto:stannes@downandconnor.org)

**OR**

- Use the **"Donate"** button on our home page of this website.

**OR**

- **Envelopes**- Parishioners can use their weekly envelopes as usual and when Government policy allows us, we will look at measures to safely collect them. They are available for pick up in the porch of our church.

Your continued helpful generosity would be very much appreciated.

- Thank you in anticipation
- They are set out in the porch and can be picked up 11am -4pm.
- The boxes are laid out in **ALHABETICAL** order.

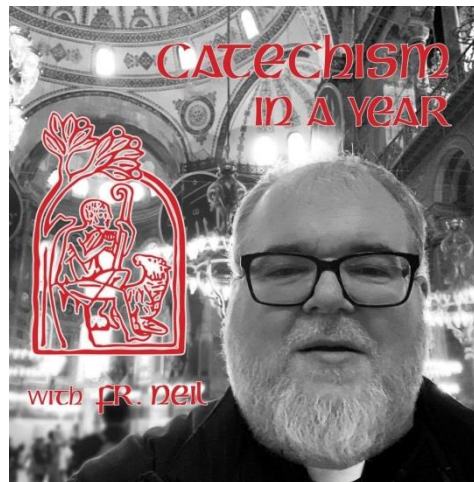
Lord, may you bless the world, give health to our bodies and comfort our hearts. You ask us not to be afraid. Yet our faith is weak and we are fearful. But you, Lord, will not leave us at the mercy of the storm. Tell us again: "Do not be afraid" (Mt 28:5). And we, together with Peter, "cast all our anxieties onto you, for you care about us" (cf 1Pet 5:7).

**The spiritual communion**

*Those who are unable to make sacramental Communion with Christ by participating in the Eucharist, can express the desire to receive him in their spirit with these words that help to make spiritual communion with him:*

My Jesus, I believe that you are truly present  
in the Most Holy Sacrament of the Altar.  
I love you above all things and desire  
to receive You into my soul.  
Since I cannot at this moment receive you sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself  
wholly to You.  
Never permit me to be separated from you. Amen

Saint Alphonsus Liguori



**Podcast: Catechism with Fr Neill**

As the lockdown and social distancing measures remain in place, you may be interested in Fr. Neil Xavier O'Donoghue's podcast, "Catechism with Fr. Neil" Each day, Fr. Neil posts a short (5-10 minute) audio podcast for the 366 days of 2020. In each episode he reads a few paragraphs of the Catechism of the Catholic Church and gives a short reflection on the passage. In this way you can listen to the whole book over the course of a year, starting at any time that suits

you. The Catechism with Fr. Neil Podcast is available on SoundCloud and Spotify and also in the Apple podcast store. Details can be found on Fr. Neil's webpage: [www.fatherneil.com](http://www.fatherneil.com)

**Act of offering**

Lord, what You will let it be so  
Where You will there we will go  
What is Your will help us to know  
Lord, when You will the time is right  
In You there's joy in strife  
For Your will I'll give my life  
To ease Your burden brings no pain  
To forego all for You is gain  
As long as I in You remain  
Because You will it, it is best  
Because You will it, we are blest  
Till in Your hands our hearts find rest  
Till in Your hands our hearts find rest

**Saint Patrick's Breastplate**

I arise today through  
God's strength to pilot me,  
God's might to uphold me,  
God's wisdom to guide me,  
God's eye to see before me,  
God's ear to hear me,  
God's word to speak for me,  
God's hand to guard me,

God's way to lie before me,  
God's shield to protect me,  
God's host to secure me –  
against snares of devils,  
against temptations and vices,  
against inclinations of nature,  
against everyone who shall wish me  
ill, afar and near,  
alone and in a crowd...

Christ, be with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left,  
Christ where I lie, Christ where I sit,  
Christ where I arise,  
Christ in the heart of every man who thinks of me,  
Christ in the mouth of every man who speaks of me,  
Christ in every eye that sees me,  
Christ in every ear that hears me.  
May your salvation, O Lord, be ever with us.

### Kindness during the coronavirus outbreak



### **The Mental Health Foundation, a charity with a mission to help people understand, protect and sustain their mental health, have put together some top tips for supporting those that are struggling.**

- Call a friend that you haven't spoken to for a while
- Tell a family member how much you love and appreciate them
- Make a cup of tea for someone you live with
- Arrange to have a cup of tea and virtual catch up with someone you know
- Help with a household chore at home
- Arrange to watch a film at the same time as a friend and video call
- Tell someone you know that you are proud of them
- Tell someone you know why you are thankful for them
- Send a motivational text to a friend who is struggling
- Send someone you know a joke to cheer them up
- Send someone you know a picture of a cute animal
- Send an inspirational quote to a friend
- Send an interesting article to a friend
- Contact someone you haven't seen in a while and arrange a phone call
- Spend time playing with your pet
- Reach out to call a friend, family member or neighbour who is experiencing loneliness or self-isolation
- Donate to a charity
- Lend your ear – call a colleague and ask how they're finding it all
- Give praise to your colleague for something they've done well
- Arrange to have a video lunch with a colleague
- Send an inspirational story of kindness from around the world to someone you know
- Donate to foodbanks
- Offer to skill share with a friend via video call - you could teach guitar, dance etc.
- Offer support to vulnerable neighbours
- Offer to send someone a takeaway or a meal

<https://www.mentalhealth.org.uk/>